

Celiac Disease

What is Celiac Disease?

People who have celiac disease have a disorder that makes their bodies react to gluten. When they eat gluten, an immune system reaction to the protein gradually damages the small intestine. When the small intestines are damaged, the body is unable to absorb the vitamins, minerals, and other nutrients it needs to stay healthy.

What are some of the effects of Celiac Disease?

People with celiac disease are at risk of malnutrition and can develop anemia (a decreased number of red blood cells due to lack of iron), or osteoporosis (brittle bones from lack of calcium).

The body's inability to absorb nutrients can also mean that young people with untreated celiac disease may not grow properly and may have weight loss and fatigue. In addition, people who have celiac disease may be prone to developing other diseases, such as thyroid disease, type 1 diabetes, or gastrointestinal cancer.



Pharmasave Jubilee

1775 Fort Street, Victoria

Phone: 250-595-1471

Fax: 250-595-1511

Store Hours:

Monday to Friday

9am—8pm

Saturday

9am—5pm

Sunday

1pm—5pm

www.pharmasave.com

LIVE WELL WITH

PHARMASAVE®

PHARMASAVE®

Join us for

Celiac Day

Saturday, February 6th

1775 Fort Street
Victoria, B.C.

Phone: 250-595-1471

Celiac Disease

How Can Pharmasave Jubilee Help?

Jim, our Health Food Manager and Andrea his assistant are very knowledgeable about gluten free products for people with the Celiac Disease.

In our Health Food Department, we carry a wide variety of gluten free products from rice pastas, cereals, sauces, specialty flours, cookies, crackers, snack bars and much, much more!

Come to the Celiac Day on Saturday February 6th and have a personal tour of the Health Food Department and the wide range of gluten free products that we carry.

Enter to win one of three huge 'Gluten Free' baskets donated by our very generous suppliers.



Sappho Cosmetics



The Jubilee Pharmasave is proud to announce that we will now be carrying a new line of cosmetics that is gluten free and organic, called Sappho Cosmetics.

JoAnn Fowler, founder and CEO of Sappho Cosmetics, has been a makeup artist for over 20 years in the film industry with an Emmy Nomination and many films and television series including The L Word, Final Destination 3, New Moon, Eclipse and many more.

JoAnn saw how desperately a line of makeup with full ingredient disclosure and adherence to the strictest safety measures was needed, and developed Sappho Cosmetics, which are pure, gluten free and free of synthetic chemicals.

They feel, smell and look beautiful on the skin.

Sappho Cosmetics



Sign up for a Free Makeover!

JoAnn will be in attendance on Saturday February 6th from 10:00 to 3:00pm to do free makeovers. All are welcome but preference will be given to customers with Celiac Disease. Please sign up at the front counter for your free makeover with Sappho Cosmetics!