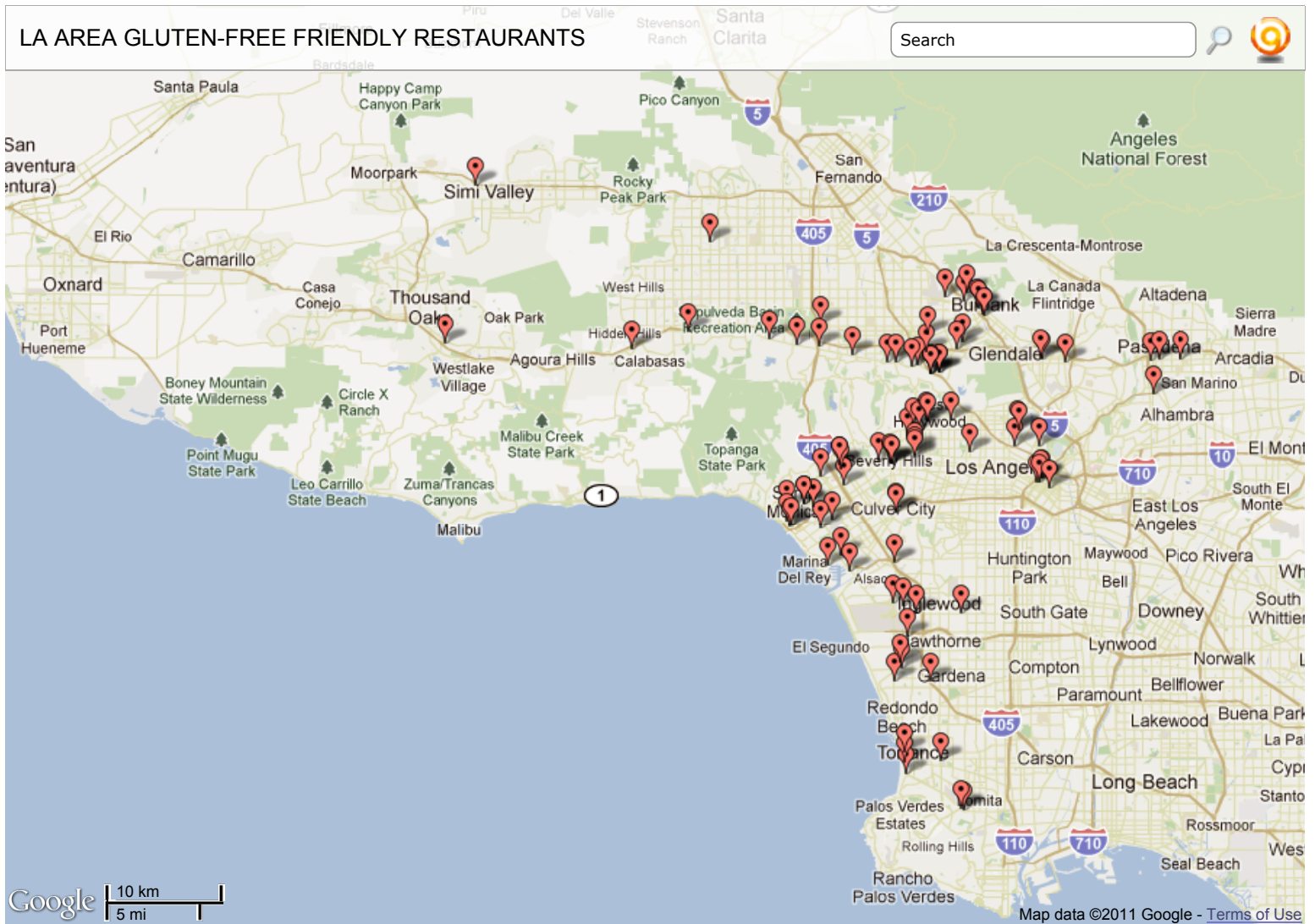


# LA AREA GLUTEN-FREE FRIENDLY RESTAURANTS



## **Fogo De Chao Churrascaria**

133 N La Cienega Blvd  
Beverly Hills, CA 90211

Phone : 310-289-7755

Comments: Brazillian Churrascaria. Practically eveything is GF

## **FRIDA Mexican Cuisine**

236 S Beverly Dr  
Beverly Hills, CA 90212

Phone : 310-278-7666

Comments: Mexican food drawing from all regions of mexico. No GF menu, but can be reasonably safe

## **Lette Macarons**

9466 Charleville Blvd  
Beverly Hills, CA 90212

Phone : 310-275-0023

Comments: Great french macros, that all they sell. GF

## **Ruths Chris Steak Hhouse**

224 S Beverly Dr  
Beverly Hills, CA 90212

Phone : 310-589-8744

Comments: GF savvy and will cater to your needs. No GF menu

## **Saffron**

230 Beverly Dr

Beverly Hills, CA 90212

Phone : 310-248-5211

Comments: Fast, Fresh, Indian. Everything is GF except tandoori andnaan. No GF menu

Link to: [GF Menu](#)

**The Peninsula Beverly Hills**

9882 S Santa Monica Blvd

Beverly Hills, CA 90212

Phone : 310-551-1288

Comments: High Tea, delicious and GF

**Daily Grill**

11677 San Vicente Blvd

Brentwood, CA 90049

Phone : 310-442-0044

Comments: GF Menu

Link to: [GF Menu](#)

**BJ's Restaurant Brewhouse**

107 South 1st St

Burbank, CA 91502

Phone : 818-557-0881

Comments: GF menu, GF pizza, other allergens noted, Redbridge Beer

**In n Out Burger**

761 First St

Burbank, CA 91502

Phone : 800-786-1000

Comments: Request protein style burger (no bun, wrapped in lettuce), and ask for condiments in individual packets to avoid cross-contamination. French fries are GF

**Zankou Chicken (Mediterranean)**

1001 North San Fernando Blvd

Burbank, CA 91502

Phone : 818-238-0414

Comments: Everything GF except tabbouleh, pita

**ZPizza**

116 East Palm Avenue

Burbank, CA 91502

Phone : 818-840-8300

Comments: GF pizza, other GF options, check for cross contamination

**Garlic Jim's Famous Gourmet Pizza**

2128 N Glenoaks Blvd

Burbank, CA 91504

Phone : 818-556-JIMS

Comments: GF pizza

**Outback Steakhouse**

1761 N Victory Place

Burbank, CA 91504

Phone : 818-567-2717

Comments: GF menu

**Arnie Morton's Steakhouse**

3400 West Olive Ave

Burbank, CA 91505

Phone : 818-238-0424

Comments: GF menu, fine dining

**Daily Grill**

2500 Hollywood Way

Burbank, CA 91505

Phone : 818-840-6464

Comments: GF menu, located off the lobby of the Marriott Burbank Airport and Convention Center, a few blocks from the Burbank Airport

**Poquito Mas – The Original Baja Taco Stand**

2635 West Olive Blvd  
Burbank, CA 91505

Phone : 818-238-0424

Comments: Handmade, in-house corn tortillas, ask to have grilled on tin foil, avoid chips

**Fresh Brothers Pizza**

4751 Commons Way  
Calabasas, CA 91302

Phone : 818-225-7555

Comments: Yummy GF Pizza + wings. Personal Size + Reg Pizza. GF Menu

Link to: [GF Menu](#)

**Poquito Ma's**

9229 Winnetka Ave  
Chatsworth, CA 91311

Phone : 818775-1555

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**BJ's Restaurant and Brewhouse**

6000 Sepulveda Blvd  
Culver City, CA 90230

Phone : 310-574-5170

Comments: GF Menu includes checklist of other allergens. Great choices. Pizza & Redbridge Beer

Link to: [GF Menu](#)

**Native Foods Cafe**

9343 Culver Blvd  
Culver City, CA 90232

Phone : 310-559-3601

Comments: GF menu

**The Veggie Grill**

720 Allied Way  
El Segundo, CA 90245

Phone : 310-535-0025

Comments: GF menu

Link to: [GF Menu](#)

**ZPizza**

829 N Douglas St  
El Segundo, CA 90245

Phone : 310-648-7919

Comments: GF pizza + options. Not a GF environment

**PF Chang's**

2041 Rosecrans Ave 120  
El Segundo/MB, CA 90245

Phone : 310-607-9062

Comments: GF Menu

Link to: [GF Menu](#)

**Buca di Beppo Italian Restaurant**

17500 Ventura Blvd  
Encino, CA 91316

Phone : 818-995-3288

Comments: GF Menu (salads only) delivery

Link to: <http://www.bucadibeppo.com/pdf/GlutenFreeMenu.pdf> target="\_blank">GF Menu

**Rosti Tuscan Kitchen**

16350 Ventura Blvd  
Encino, CA 91436

Phone : 818-995-7179

Comments: Some great choices & Pizza is cooked in a separate pan in the oven, away from wheat pizza

Link to: [GF Menu](#)

**BJ's Restaurant and Brewhouse**

101 N Brand Blvd

Glendale, CA 91203

Phone : 818-844-0160

Comments: GF Menu includes checklist of other allergens. Great choices. Pizza & Redbridge Beer

Link to: [GF Menu](#)

**Outback Steakhouse**

146 S Brand Blvd  
Glendale, CA 91204

Phone : 818-244-2237

Comments: GF Menu

Link to: [GF Menu](#)

**Zankou Chicken**

1415 E Colorado  
Glendale, CA 91205

Phone : 818-244-2237

Comments: No GF menu, everything GF except tabbouleh and pita

**In n Out Burger**

7009 Sunset Blvd  
Hollywood, CA 90028

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**In n Out Burger**

3411 W Century Blvd  
Inglewood, CA 90301

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

Link to: [GF Menu](#)

**Babycakes Downtown Los Angeles**

130 East 6th Street  
Los Angeles, CA 90014

Phone : 213-623-5555

Comments: Cookies & cupcakes, mostly refined sugar free, wheat, free, soy free and gluten free except spelt which is not GF.

**Daily Grill**

612 S Flower St  
Los Angeles, CA 90017

Phone : 213-622-4500

Comments: GF Menu

Link to: [GF Menu](#)

**In n Out Burger**

922 Gayley  
Los Angeles, CA 90024

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**Native Foods Cafe**

1110 1/2 Gale Ave  
Los Angeles, CA 90025

Phone : 310-209-1055

Comments: GF menu

**Zankou Chicken**

1716 S Sepulveda Blvd  
Los Angeles, CA 90025

Phone : 310-444-0550

Comments: No GF menu, everything GF except tabbouleh and pita

**CRU Silverlake**

1521 Griffith Park Blvd  
Los Angeles, CA 90026

Phone : 323-667-1551

Comments: Almost everything is GF and delicious & an epicurians delight!

**El Caserio Restaurants**

401 Silverlake Blvd  
Los Angeles, CA 90026

Phone : 213-273-8945

Comments: Equadorian food, not much gluten to speak of, but stay away from muffins, pasta & breaded meats. no GF menu.

**KindKreme**

1700 West Sunset Blvd  
Los Angeles, CA 90026

Phone : 213-989-1718

Comments: Gourmet, raw, vegan, organic ice cream. Entire menu is GF except 1 topping. GF ice cream cones, even the sugar cone!

**In n Out Burger**

9245 W Venice Blvd  
Los Angeles, CA 90034

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**Daily Grill**

5410 West Century Blvd  
Los Angeles, CA 90045

Phone : 310-665-0149

Comments: GF Menu

Link to: [GF Menu](#)

**Daily Grill**

380 World Way-Mezzanine  
Los Angeles, CA 90045

Phone : 310-215-5180

Comments: GF Menu, BLD, Bradley Terminal LAX

Link to: [GF Menu](#)

**In n Out Burger**

9149 S Sepulveda Blvd  
Los Angeles, CA 90045

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**Pizza Fusion**

7950 W Sunset Blvd 104  
Los Angeles, CA 90046

Phone : 323-375-3390

Comments: GF Pizza assigned to top shelf of oven, away from wheat

**The Veggie Grill**

8000 W Sunset Blvd  
Los Angeles, CA 90046

Phone : 323-822-7575

Comments: GF menu

Link to: [GF Menu](#)

**Mortons The Steakhouse**

435 S LaCienega Blvd  
Los Angeles, CA 90048

Phone : 310-246-1501

Comments: Upscale. GF Menu

Link to: [GF Menu](#)

**PF Chang's**

121 N La Cienega Blvd  
Los Angeles, CA 90048

Phone : 310-854-6467

Comments: GF Menu

Link to: [GF Menu](#)

**Border Grill Downtown (formerly Cuidad)**

445 S Figueroa

Los Angeles, CA 90071

Phone : 213-486-5171

Comments: Upscale, modern mexican. No GF menu. Staff is GF savvy. Don't order fish taco's. Request foil on grill for corn tortilla's.

**Saffron**

505 S Flower St B Level 250

Los Angeles, CA 90071

Phone : 213-488-9754

Comments: Fast, Fresh, Indian. Everything is GF except tandoori andnaan. No GF Menu

Link to: [GF Menu](#)

**Mortons The Steakhouse**

735 South Figueroa Street

Los Angeles (DT), CA 90017

Phone : 213-553-4566

Comments: Upscale. GF Menu.

Link to: [GF Menu](#)

**ZPizza**

123 North Larchmont

Los Angeles (Hancock Park), CA 90004

Phone : 323-446-6969

Comments: GF pizza + options. Not a GF environment

**Fresh Brothers Pizza**

2008 N Sepulveda Blvd

Manhattan Beach, CA 90266

Phone : 310-546-4444

Comments: Yummy GF Pizza + wings. Personal Size + Reg Pizza. GF Menu

Link to: [GF Menu](#)

**Fresh Brothers Pizza**

4722 1/2 Admiralty Way

Marina Del Rey, CA 90292

Phone : 310-823-3800

Comments: Yummy GF Pizza + wings. Personal Size + Reg Pizza. GF Menu

Link to: [GF Menu](#)

**In n Out Burger**

13425 Washington Blvd

Marina del Rey, CA 90292

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**Tajrish Restaurant**

570 Washington Blvd

Marina Del Rey, CA 90292

Phone : 310-301-3344

Comments: Just about everything is GF. No on Tabbouleh

**Poquito Ma's**

10651 Magnolia Blvd

North Hollywood, CA 91601

Phone : 818-994-8226

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**Zankou Chicken**

10760 Riverside Drive

North Hollywood, CA 91602

Phone : 818-655-0469

Comments: No GF menu, everything GF except tabbouleh and pita

**PF Chang's**

260 E Colorado Blvd 201

Pasadena, CA 91101

Phone : 626-356-9760

Comments: GF Menu

Link to: [GF Menu](#)

**Buca di Beppo Italian Restaurant**

80 West Green St  
Pasadena, CA 91105

Phone : 626-792-7272

Comments: GF Menu (salads only) delivery

Link to: [GF Menu](#)

**Zankou Chicken**

1296 E Colorado Blvd  
Pasadena, CA 91106

Phone : 626-405-1502

Comments: No GF menu, everything GF except tabbouleh and pita

**Fresh Brothers Pizza**

407 N PCH  
Redondo Beach, CA 90277

Phone : 310-374-5678

Comments: Yummy GF Pizza + wings. Personal Size + Reg Pizza. GF Menu

Link to: [GF Menu](#)

**Garlic Jims Famous Gourmet Pizza**

1876 S Pacific Coast Hwy  
Redondo Beach, CA 90277

Phone : 310-543-5500

Comments: GF Pizza + salad, not a GF environment

**In n Out Burger**

3801 Inglewood Ave  
Redondo Beach, CA 90278

Phone : 800-786-1000

Comments: Request protein burger, sauce in packets, fries are GF

**Buca di Beppo Italian Restaurant**

1670 S PCH  
Redondo Beach, CA

Phone : 310-540-3246

Comments: GF Menu

Link to:

**[Border Grill Santa Monica](#)**

[1445 4th St](#)  
[Santa Monica, CA 90401](#)

Phone : [310-451-1655](#)

Comments: Upscale. modern mexican. No GF menu. Staff is GF savvy. Don't order fish taco's. Request foil on grill for corn tortilla's.

**[Buca di Beppo Italian Restaurant](#)**

[1442 Second St](#)  
[Santa Monica, CA 90401](#)

Phone : [310-587-2782](#)

Comments: GF Menu (salads only) delivery

Link to: [GF Menu](#)

**PF Chang's**

326 Wilshire Blvd  
Santa Monica, CA 90401

Phone : 310-395-1912

Comments: GF Menu

Link to: [GF Menu](#)

**Poquito Ma's**

2025 Wilshire Blvd  
Santa Monica, CA 90403

Phone : 310-828-1700

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**Rosti Tuscan Kitchen**

931 Montana Ave  
Santa Monica, CA 90403

Phone : 310-393-3236

Comments: Some great choices & Pizza is cooked in a separate pan in the oven, away from wheat pizza

Link to: [GF Menu](#)

**The Veggie Grill**

2025 Wilshire Blvd  
Santa Monica, CA 90403

Phone : 310-829-1155

Comments: GF menu

Link to: [GF Menu](#)

**Daily Grill**

2501 Colorado Ave  
Santa Monica, CA 90404

Phone : 310-309-2170

Comments: GF Menu

Link to: [GF Menu](#)

**Bolivar Cafe and Gallery**

1741 Ocean Park Blvd  
Santa Monica, CA 90405

Phone : 310-581-2344

Comments: Delicious Venezulean Arepa's - GF and great coffee.

**Pizza Fusion**

2901 Ocean Park Blvd  
Santa Monica, CA 90405

Phone : 310-581-2901

Comments: GF Pizza assigned to top shelf of oven, away from wheat

**PF Chang's**

15301 Ventura Blvd P-22  
Sherman Oaks, CA 91403

Phone : 818-784-1694

Comments: GF Menu

Link to: [GF Menu](#)

**Poquito Ma's**

13924 Ventura Blvd  
Sherman Oaks, CA 91423

Phone : 818-981-7500

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**Flore Vegan Cuisine**

3818 W Sunset Blvd  
Silverlake, CA 90026

Phone : 323-953-0611

Comments: Menu indicates that which is GF. Vegan.

Link to: [GF Menu](#)

**Garlic Jims Famous Gourmet Pizza**

131-D Cochran Street  
Simi Valley, CA 93065

Phone : 805-526-1500

Comments: GF Pizza + salad, not a GF environment

**Garlic Jims Famous Gourmet Pizza**

700-J Fair Oaks Blvd  
South Pasadena, CA 91030

Phone : 626-799-5467

Comments: GF Pizza + salad, not a GF environment

**In n Out Burger**

3640 Cahuenga Blvd  
Studio City, CA 90068

Phone : 1-800-786-1000

**Comments:** Request protein style burger (no bun, wrapped in lettuce), and ask for condiments in individual packets to avoid cross-contamination. French fries are GF

**KindKreme**

3701 Cahuenga Blvd  
Studio City, CA 90068

**Phone :** 818-308-6758

**Comments:** Gourmet, raw, vegan, organic ice cream. Entire menu is GF except 1 topping. GF ice cream cones, even the sugar cone!  
Near Universal Studios

**Daily Grill**

12050 Ventura Blvd  
Studio City, CA 91604

**Phone :** 818-769-6336

**Comments:** GF Menu

**Link to:** [GF Menu](#)

**Good Earth Restaurant & Bakery**

12345 Ventura Blvd  
Studio City, CA 91604

**Phone :** 818-506-7400

**Comments:** GF sandwiches

**Itz Kosher (Israeli-Moroccan)**

11400 Ventura Blvd  
Studio City, CA 91604

**Phone :** 818-761-2550

**Comments:** Most dishes GF, confirm with server

**Lal Mirch (Indian)**

11138 Ventura Blvd  
Studio City, CA 91604

**Phone :** 818-980-2273

**Comments:** Avoid bread, appetizers, everything else GF

**Sun Café**

3711 Cahuenga Blvd W  
Studio City, CA 91604

**Phone :** 818-308-7420

**Comments:** Dairy-free, low glycemic, GF choices, staff GF savvy

**Fresh Brothers Pizza**

180 Promenade Way  
Thousand Oaks, CA 91362

**Phone :** 805-777-8448

**Comments:** Yummy GF Pizza + wings. Personal Size + Reg Pizza. GF Menu

**Link to:** [GF Menu](#)

**Outback Steakhouse**

21880 Hawthorne Blvd  
Torrance, CA 90503

**Phone :** 310-793-5555

**Comments:** GF Menu

**Link to:** [GF Menu](#)

**Poquito Ma's**

2625 Pacific Coast Hwy  
Torrance, CA 90505

**Phone :** 310-325-1001

**Comments:** No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**The Veggie Grill**

2533 Pacific Coast Hwy  
Torrance, CA 90505

**Phone :** 310-325-6689

**Comments:** GF menu

**Link to:** [GF Menu](#)

**Buca di Beppo Italian Restaurant**

1000 Universal City Walk  
Universal City, CA 91608

Phone : 818-824-6576

Comments: GF Menu (salads only) delivery

Link to: [GF Menu](#)

**Samba Brazilian Lounge**

1000 Universal City Walk  
Universal City, CA 91608

Phone : 818-763-0101

Comments: GF items sectioned off

**Zankou Chicken**

5658 Sepulveda Blvd 103  
Van Nuys, CA 91411

Phone : 818-781-0615

Comments: No GF menu, everything GF except tabbouleh and pita

**Hugo's**

8401 Santa Monica Blvd  
West Hollywood, CA 90069

Phone : 323-654-3993

Comments: GF menu items indicated with symbol. Pancakes!

**Poquito Ma's**

8555 Sunset Blvd  
West Hollywood, CA 90069

Phone : 310-652-7008

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

**ZPizza**

8869 Santa Monica Blvd  
West Hollywood, CA 90069

Phone : 310-360-1414

Comments: GF pizza + options. Not a GF environment

**Poquito Mas - The Original Baja Taco Stand**

3701 Cahuenga Blvd  
West Studio City, CA 91604

Phone : 818-760-8226

Comments: Handmade, in-house corn tortillas, ask to have grilled on tin foil, avoid chips

**Bj's Restaurant and Brewhouse**

939 Broxton Ave  
Westwood, CA 90024

Phone : 310-209-7475

Comments: GF Menu includes checklist of other allergens. Great choices. Pizza & Redbridge Beer

Link to: [GF Menu](#)

**Poquito Ma's**

21049 Ventura Blvd  
Woodland Hills, CA 91364

Phone : 818-887-2007

Comments: No GF menu. Handmade tortilla's. Request foil on grill to cook corn tortilla's. Avoid chips. Great Reviews

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