



Canadian Celiac Association  
Hamilton/Burlington Chapter  
P.O. Box 65580, Dundas Postal Outlet  
Dundas, ON L9H 1Y1

*Join us for....*

# *“Surviving the Holidays”*

and

## *Gluten-Free Cookie Exchange*

Guest Speaker:

**Rose Turchio,**  
**Whole Foods Oakville**



**Wednesday, December 9**

7:00 – 9:00 pm

**Burlington Art Centre**

**Lakeshore Rd, Burlington**

(across from Spencer Smith Park)

**New Product!**  
Gluten-Free Pita  
Breads for sale  
at this meeting!

**Admission: 2 dozen cookies (must be gluten-free!)**

**\*\*New Members – free admission\*\***

Attendees will take home a container of cookies

**For more information, contact Christine at**

**[cljridsdale@sympatico.ca](mailto:cljridsdale@sympatico.ca)**

**or call our Help Line – 905-572-6775**